



**Wider
Determinants
Dudley**

**Together, Building
a Healthier
Community**

Enhancing the wellbeing of
Dudley's residents

Contents

Page 3 - Introduction

Page 4 - Service Spotlights

Page 10 - Project Strands

**Beacon Centre For The Blind
Wolverhampton Road East,
Wolverhampton, WV46AZ
T: 01902 880 111
E: enquiries@beaconvision.org
www.beaconvision.org**

Welcome to the Dudley Wider Determinants Project, a pioneering initiative funded by Black Country Healthcare NHS Foundation Trust and project lead by Beacon Centre for the Blind. This collaborative effort unites a diverse network of local organisations, all dedicated to enhancing the health and social wellbeing of the Dudley community through comprehensive and tailored support services.

Starting in January 2024 and running through March 2025, our programme is designed to foster significant improvements in mental health, education, employability, and socio-economic stability. With a committed funding of £400,000, we aim to reach and positively impact 10,000 residents across Dudley, offering everything from mental health support and educational opportunities to housing assistance and wellness activities.





Spotlight Services

Discover the diverse and impactful services offered through the Dudley Wider Determinants Programme, where collaboration and community support come together to transform lives.

Our network of dedicated partners works across various sectors to deliver tailored interventions that address the unique needs of Dudley residents. From mental health and educational support to crisis intervention and physical well-being, our programme is designed to empower individuals and families, fostering a healthier, more connected community.

Learn more about our key initiatives below and find out how you can make direct referrals to each service provider using the contact details provided.



CHADD - RISE (Resilience Involve Succeed Empower) Project

Target Audience: Young adults aged 16-25

Services Offered: Engaging youth in positive activities to prevent homelessness and isolation through a strength-based approach, focusing on the 5 ways to wellbeing.

Impact: Empowers young people to become healthier, happier, and more integrated into their community.

Contact: leanne.logan@chadd.org.uk>

Top Church Training - Crisis Support and Empowerment

Target Audience: Residents of Brierley Hill and wider Dudley borough

Services Offered: One-to-one crisis support, vocational training, and financial management alongside physical activities and community gardening to improve mental and physical well-being.

Impact: Stabilizes living conditions for families and individuals, enhancing social connectivity and self-sufficiency.

Contact: Karen@topchurchtraining.co.uk



Just Straight Talk - Community Assistance and Advocacy

Target Audience: Disadvantaged groups across Dudley

Services Offered: Comprehensive support including crisis welfare, housing advice, and employment training, coupled with community-building activities like gardening and creative clubs.

Impact: Helps individuals overcome barriers, turning their lives around towards achieving personal and communal goals.

Contact: kate@juststraighttalk.org



Beacon Centre for the Blind - Lead Provider

Target Audience: Individuals affected by sight loss and related challenges

Services Offered: Offers emotional and practical support, operates an inclusive gym, and facilitates community engagement through initiatives like Talking News.

Impact: Enhances mobility, fitness, and social inclusion for those with visual impairments.

Contact: vwilcox@beaconvision.org

Saltmine Theatre - Social Change Through Art

Target Audience: Young people aged 6-18

Services Offered: Delivers thought-provoking theatre productions on mental health, safety, and social issues, reaching into schools and community venues.

Impact: Raises awareness and stimulates discussion among youth on critical societal issues, promoting mental well-being.

Contact: Sara Sarjeant <saras@saltmine.org>



Phase Trust - Family and Youth Support

Target Audience: Families and young people in Dudley

Services Offered: Provides parenting support, holiday programs, and evening drop-in sessions for youth to foster social connections and resilience.

Impact: Builds stronger family units and provides supportive networks during critical times of the year.

Contact: Jonathan Allen <jonathanallen@phasetrust.org.uk>

Advance Beyond CIC

Target Audience: Individuals seeking mental wellbeing support

Services Offered: Tailored mental health support and recovery programs focusing on enhancing confidence, social networks, and coping skills.

Impact: Empowers residents to overcome personal barriers, improving social and economic outcomes for a healthier, independent life.

Contact: beyondhalotraining@mail.com

Bee Well Schools

Target Audience: Students, families, and educational staff

Services Offered: Delivers mental health education and wellness programs directly within schools, engaging children, young people, and adults.

Impact: Enhances understanding of mental health across educational settings, fostering a supportive environment for all ages.

Contact: Rebecca Hingley and Helen Roberts
beewellschools@hotmail.com



Centre for Equality and Diversity (CfED)

Target Audience: Diverse communities within Dudley

Services Offered: Runs a variety of programs including ESOL, healthy activities, and a community hub for advice and social interaction.

Impact: Addresses inequalities and supports integration and health through educational and physical activities, enhancing community cohesion.

Contact: anita.maisuria@cfed.org.uk



Aspire4U

Target Audience: Vulnerable and/or excluded groups
Services Offered: Provides mental health support and training, with special programs for networking and community engagement.

Impact: Fosters social connections and provides tailored support, reducing isolation and promoting community well-being.

0121 622 3603
hello@aspire4u.co.uk

CReART

Target Audience: Community members of all ages
Services Offered: Uses creative arts therapy to enhance mental health and well-being, focusing on movement and artistic expression.
Impact: Promotes emotional healing and resilience through creative practices, improving overall community mental health.

Contact: creartcollectivecic@gmail.com



CREART
COLLECTIVE



The Art of Change

Target Audience: Young people and adults facing social and emotional challenges

Services Offered: Offers counseling and therapeutic support along with innovative programs like the EMPOWER course to tackle employment barriers.

Impact: Builds self-confidence and coping skills, facilitating personal growth and employment readiness.

Contact: Support@theaoc.co.uk

What? Centre

Target Audience: Young individuals and families

Services Offered: Provides advocacy, welfare rights, and socio-economic support, particularly focusing on the young population.

Impact: Ensures young people and their families have access to essential services and support, aiding in stability and growth.

Contact: info.thewhatcentre@gmail.com



**Black
Country**
Improving Life After Brain Injury

Headway Black Country

Target Audience: Individuals with brain injuries and their families

Services Offered: Offers specialized support sessions focused on coping strategies and physical health.

Impact: Enhances life skills and social connections, reducing isolation and improving well-being for brain injury survivors.

Contact: Kieran Pugh <Kieran@headwayblackcountry.co.uk>

Lighthouse Counselling

Target Audience: General community members in need of emotional and practical support

Services Offered: Provides holistic support through counseling, workshops, and practical aid from a community café.

Impact: Enhances mental well-being and resilience, offering a pathway to improved health and community integration.

Contact: admin@lighthousecounselling.org





Project Strands

This initiative, generously funded by Black Country Healthcare is structured around five vital strands:

Education & Employability - Enhancing skills and job readiness through courses and vocational training.

Welfare Rights, Housing, and Socio-Economic Support - Providing critical support for stable living conditions and economic stability.

Access to Green Spaces and Physical Health Activities - Promoting physical well-being through outdoor activities and fitness programs.

Mental Wellbeing Activities - Addressing mental health with targeted interventions for all ages.

Social Connection & Community Integration - Fostering a sense of community and reducing isolation through engaging social activities.

Each strand is tailored to empower individuals and families in Dudley, fostering a healthier, more vibrant future. We invite you to join us in this transformative effort—whether as a participant, a volunteer, or a partner. Together, we can continue to create a supportive, vibrant, and healthy community for all Dudley residents.

Please contact Victoria Wilcox, Head of Systems & Infrastructure for more information: vwilcox@beaconvision.org