



Beacon Lifestyle Newsletter

Welcome to July 2026

Would you like to receive this newsletter in a different format? Please contact us on 01902 880 111 or email enquiries@beaconvision.org.

Hello everyone, and welcome to our July newsletter.

Summer is here, and we have lots of exciting updates to share. In this issue, you'll find information about upcoming events and activities taking place throughout the summer months.

(Below is an image of a member watering the plants at the centre.)



VIP Sessions

These monthly sessions are shaped with you in mind, helping us make sure activities reflect your interests and needs. Our VIP group is a friendly community of people living with sight loss who enjoy trying new things, building friendships, and encouraging one another to live life to the full. Each session costs £3.50.

Sessions include a variety of coffee mornings, health and wellbeing activities, and entertainment events across the region and at Beacon. Please see the Information below.

If you would like to attend or find out more, please email Daniel Clarke at dclarke@beaconvision.org or call 01902 880 111.

JULY 2026

BEACON VIP'S

SCHEDULE

03

FRI

KINGSWINFORD VIP
10AM - 12PM

03

FRI

DUDLEY VIP
1PM - 3PM

13

MON

STOURBRIDGE VIP
10AM - 12PM

13

MON

HALESOWEN VIP
1PM - 3PM

29

WED

BEACON VIP
6PM - 8PM

TO BOOK OR FOR FURTHER INFORMATION
PLEASE CALL 01902 880 111 OR EMAIL
DCLARKE@BEACONVISON.ORG

July Sessions

To book a place, contact Daniel Clarke at dclarke@beaconvision.org or call 01902 880 111.

Beacon events are designed to be as accessible, inclusive, and enjoyable as possible for people living with sight loss.

To help make this possible, members of the Beacon team are always on hand to support participants throughout each activity—whether that means guiding, helping with practical arrangements, or making sure everyone feels confident and included. The Beacon cost listed for each event helps us cover the staffing and support needed to make the experience sight-friendly. Where transport is provided, this is charged separately at cost price.

Book Club

Thursday 2nd July

Venue: Beacon Court Communal Lounge | 10:30am – 12:30pm

Cost: £2.50 (for staffing and support)

Join us if you love discussing books and are always on the lookout for new authors and stories. Tea, coffee, and biscuits will be available.

Cinema Trip

Tuesday 7th July

Cost: £2.50 for staffing and support

Cinema ticket price: £8.95

**Location: Lockworks Cinema, 18 Fryer Street,
Wolverhampton WV1 1HT**

Leaving on Number 1 Bus from Beacon: 11:15am

Film starts: 12pm

Please come and join us for a day out using public transport to the cinema, where we will be watching Minions and Monsters. Please come along and enjoy it.

Fishing

Come and join us for a fun yet relaxing day of fishing. Whether you are a seasoned angler or completely new to the sport, a fully qualified coach and Beacon staff will be there to support you throughout the day.

Beacon has received funding to help cover the costs of the fishing activities until October. This will cover the transport cost of £7.70 and the coach fee of £80 per session.

Wednesday 8th and Wednesday 22nd July

Departing Beacon at 10:30am, returning at 2:30pm

Cost: £3.50 (for staffing and support)

Plus £11 for equipment hire, paid to the venue.

This project has been funded by The Primary Club, the cricketers' charity for blind and partially sighted people.

Newbridge Meal

Thursday 9th July

Cost: £2.50 for staffing and support

**Location: The Newbridge Stonehouse, Tettenhall Rd,
Tettenhall, Wolverhampton WV6 0JU**

Please come and join us for a meal at the Newbridge and a ride out on public transport. We will be leaving Beacon on the number 1 bus at 11:45am, or you can of course make your own way there. We will be meeting at The Newbridge for 12:30pm.



Himley Hall Walk

Friday 10th July

Departing Beacon at 10:30am, returning at 2pm.

Cost: £2.50 (for staffing and support) plus £5.50 transport

Join us for a gentle stroll around Himley Hall and its grounds, with plenty of time to enjoy the surroundings and socialise. Our staff will be there throughout to support you and help ensure the walk is accessible for everyone.

Tandem

Monday 13th July and Monday 27th July

Departing Beacon at 10am, returning at 1pm

Cost: £3.50 (for staffing and support) plus £7.70 for transport

Join us for our tandem bike rides, led by qualified instructors who will support you throughout your ride.



Sedgley Walk

Wednesday 15th July

Departing Beacon at 10:30am

Cost: £2.50 (for staffing and support)

Join us for a gentle walk to Sedgley via Sedgley Beacon, where we'll stop for a bite to eat before strolling back.

There will be plenty of time to enjoy the scenery and socialise, and our staff will be there throughout to support you and help ensure the walk is accessible for everyone.

Bowling

£7.25 (paid directly at the venue)

Friday 17th July

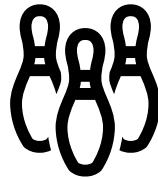
Venue: Tenpin Dudley, Castlegate Way, Dudley, DY1 1TA

Departing Beacon at 10:30am, returning at 1:30pm

Cost: £2.50 (for staffing and support), plus £5.50 transport

Come and join us for a fun morning of ten-pin bowling. Whether you are a seasoned player or trying it for the first time, everyone is welcome, and our friendly group is always keen to meet new teammates.

Beacon staff will be on hand throughout to support you and make sure the session is accessible and enjoyable.



Cooking

Monday 20th July

Venue: Lifestyle Kitchen | 1pm – 3pm

Cost: £2.50 (for staffing and support)

This month, we will be making crispy shredded chicken.

Come along and cook up a storm with us in the kitchen.

Ingredients Below:

1 red pepper

Deseeded and thinly sliced

1 green pepper

Deseeded and thinly sliced

3 tbsp cornflour

3 tbsp sweet chilli sauce

1 tbsp garlic and ginger paste

1 tbsp sesame oil

2 spring onions

Trimmed and finely sliced



Pendeford Mill Nature Reserve

Friday 24th July

Departing Beacon at 10:30am

Cost: £2.50 (for staffing and support) plus £5.50 for transport

Join us for a gentle stroll around Pendeford Mill Nature Reserve,

with time to enjoy the surroundings and one another's company.

Our staff will be there throughout to assist and ensure the walk is accessible for everyone.

West Park Walk

Friday 31st July

Departing Beacon at 10:30am, returning at 2pm.

Cost: £2.50 (for staffing and support) plus £5.50 transport. Join us for a gentle stroll around West Park, with plenty of time to enjoy the scenery and socialise.

Our staff will be there throughout to support you and help ensure the walk is accessible for everyone.



Further Dates for July

We have two singers coming into our Lifestyle Centre during July.

Monday 20th July:

Ian Hammond 1pm – 2:30pm

Tuesday 28th July:

Wendy Burns: 1pm – 2:30pm

Please join us for a fun and uplifting afternoon filled with music and laughter.

If you wish to come along to either of these, please call 01902 880 111 or email enquiries@beaconvision.org.

Are You Interested?

We are looking at a trip to the RAF Museum in Cosford. To make this possible, I need a minimum of 8 people.

We may also arrange a day trip through a coach company and a trip to Dudley Zoo in the coming months.

Please let me know if you would like to attend any of these.

Please feel free to call 01902 880 111 or email me at dclarke@beaconvision.org, or speak to me whenever you bump into me.

Thank you, Dan 😊

Tuesday 14th July: Sight Loss Council visit

Bromford residents' lounge, 1pm – 2:30pm

We are pleased to welcome PJ, a Sight Loss Coordinator from the Thomas Pocklington Trust, who will be visiting to meet members and hear your views. Please come along and have your voice heard.

In 2022, Thomas Pocklington Trust and Sight Loss Councils carried out a survey called Listening Month to ask blind and partially sighted (BPS) people what matters most to them.

The findings have helped shape the policies and campaigns we focus on, centred around our core themes of health, the built environment, transport, employment, and education.

This year, we hope to reach as many BPS people as possible during July 2026, and we would love those with lived experience to help guide our future work and ensure their voices are represented.



Beacon Gym

Contact Daniel Clarke at dclarke@beaconvision.org or call 01902 880 111 to book.

Would you like to exercise in a fun and supportive environment? Whether you want to join classes, work out independently, already exercise regularly, or are just getting started, our gym is here for you.

The gym is open Monday to Friday, 9am – 4pm. Single sessions cost £5 or a monthly membership from £22.

You must complete a health questionnaire and an induction before you start. Please sign in to use the gym at the main reception desk.

Chair Exercises

Wednesday 1st July: 10am – 11am

Venue: Beacon Court resident's lounge

This is a taster session, so there will be no cost.

Indoor Bowls

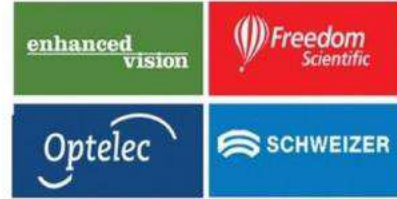
Monday 6th and Monday 20th July, 10am – 12pm

Venue: Beacon Gym

Cost: £2.50 (for staffing and support)

Vision Zone 2026

Solutions for Low Vision



0800 145 6115 / www.lowvisionshop.co.uk

Would you like to find out more about assistive technology, Support, Services, Groups, and much more?

Our Vision Zone events bring together a variety of excellent services and charities covering your local area.

No matter what your sight loss condition we are here for you. Whether it's just to gain knowledge or hands on experience of new technologies, entry is free to our events, and our friendly staff will greet you with a warm welcome.



Thursday 16th July – 11am to 2pm
Beacon Centre for the Blind, Wolverhampton Road East, WV4 6AZ

FREE ENTRY, NO BOOKING REQUIRED
Parking in main carpark outside the centre



* RE-FASHIONED SHOW *



09/07/2026



6:30PM Doors open
7:00PM Re-Fashioned show starts



Festival Community Hub Restaurant
Beacon Centre for the Blind
Wolverhampton Road East WV4 6AZ



£5.00 Per Ticket
Includes drink on arrival



or visit

www.tickettailor.com/events/beaconcentrefortheblind



If you would like to be part of the show as a
model, we'd love to hear from you!
Email: enquiries@beaconvision.org



Charity Number 216092





Our friends at the Penn Singers Choir have asked us to help share details of their upcoming Sun, Moon and Stars concert. Penn Singers were wonderful supporters of Beacon throughout last year, helping to raise funds for our work, and we're delighted to help promote this special event. Please view the concert details below.

Penn Singers
www.pennsingers.org.uk

Sun Moon & Stars

Penn United Reformed Church
(WV4 5QP)

Saturday July 4th 2026

Featuring
Vocabella

£10.00 Starts at 7.30pm

Tickets: Brian - 01902 652992
Alex - 01902 338570

Penn Singers supporting
Jericho House

THE Jericho SOCIETY

PENN SINGERS is a Registered Charity No 503894

Member of the National Association of Chorus



Sedgley Lifestyle Centre

We are now open Monday to Friday, 10am–3pm, at our base in Sedgley. We offer a range of activities each day, including cooking, crafts, pottery, computer use, gym sessions, music, quizzes, and reminiscence activities. We also keep well refreshed with tea, coffee, and water, and there is a restaurant on site for anyone who would like a hot meal instead of bringing sandwiches.

We are a lively, welcoming group who love to have a laugh. Why not come and join us for a trial day?

Contact Beacon reception and ask for more details. Call 01902 880 111 or email enquiries@beaconvision.org.

Befriending Service

Have you got a free 30 minutes in the week?

Do you want to help combat loneliness?

Come and volunteer with our befriending service, which is designed to support older people who may be feeling lonely. This can be done over the phone.

This flexible volunteering opportunity can fit around your schedule while allowing you to offer friendship and support. You will be matched with someone based on shared interests.

If you are interested, contact our team by calling 01902 880 111 or emailing enquiries@beaconvision.org.

Contact Us

**Address: Beacon Centre, Wolverhampton Road East,
Wolverhampton, WV4 6AZ**

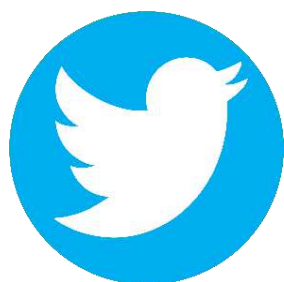
Phone number: 01902 880 111.

Email: enquiries@beaconvision.org

Website: www.beaconvision.org

**To find us on Facebook, Twitter, and Instagram, follow
[@BeaconCentre](#).**

(Pictures of Facebook, Twitter and Instagram logos below)



Accommodation at Beacon Court

Each apartment at Beacon Court has its own front door, individual access card, two bedrooms, a store, a wet room/shower room, a kitchen with appliances, gas central heating, and double-glazed windows.

Beacon provides a 24/7 care team on-site to deal with any emergencies, 365 days a year. There's a pull cord in each apartment that can be used in an emergency.

You also get 30 minutes a week of wellbeing time to go through anything you like, such as help with post or paying bills. If you want any further information on accommodation at Beacon Court, please contact Chris Lamb on 01902 882 170 or email christopher.lamb@bromford.co.uk.