Beacon Lifestyle Newsletter

Welcome to November 2026

Would you like to receive this newsletter in a different format? Please contact us on 01902 880111 or email enquiries@beaconvision.org

As the season turns crisp and cosy,

welcome to our November newsletter! Inside you'll find updates, highlights, and what's coming up including festive plans and ways to get involved.

Below is an autumnal display created by our daycentre members

VIP Sessions: cost £3.50

These sessions are held monthly, and the activities are designed with you to ensure we meet your needs. Our VIP group is a friendly bunch of people with sight loss who like to build friendships and connect with like-minded people.

VIP Queen's Cross

This group meets at Queen's Cross Network, Wellington Road, DY1 1RB in the Café Plaza. Friday 6th November 1pm – 3pm.

VIP Brett Young

This group is at Brett Young Gateway, Old Hawne Lane, Halesowen, B63 3ST. You can purchase tea and coffee at the venue! Monday 9th November 1pm – 3pm

VIP Beacon

This group is at the Beacon Centre, Wolverhampton Road East, Wolverhampton, WV4 6AZ. Thursday 26th November

We will be going out for a Christmas Meal at the Newbridge Pub, Tettenhall, Wolverhampton WV6 0JU. Table Booked for 12:00pm. This is open to all VIP members.

VIP Stourbridge

Sunshine Club in Stourbridge, 6 Crowle Drive, DY9 7NY. Monday 9th November 10am – 12pm

VIP Kingswinford

Kingswinford Medical Practice, Standhills Road, Kingswinford, DY6 8DN. Friday 6th November 10am – 12pm.

November Events

To book: contact Daniel Clarke: dclarke@beaconvision.org or call 01902 880 111.

Beacon events are designed to be accessible and enjoyable for people living with sight loss. Our team is on hand throughout every activity to offer guidance, practical help, and support so everyone feels confident and included.

Event costs cover staffing and support to make each experience sight-friendly.

Transport is charged separately at cost price.

Booking Session and Day

Tuesday 3rd November

10am – 12pm Bromford lounge

Dan also available all day on 07849 802 658 or

email dclarke@beaconvision.org

To book or to discuss further details about the events in November

Beat It Percussion Sessions

Wednesday 4th November and Wednesday 18th November

Venue: Beacon Lifestyle Social Room 1pm – 2:30pm

Come and join us for these free sessions. Beat It Percussion is a small West Midlands-based CIC promoting wellbeing and good mental health through rhythm and sound groups and workshops.

Coffee and a Quiz

Thursday 5th November

Venue: Beacon Court Communal Lounge 10am

Cost: £2.50 (for staffing and support)

Please come along for a cup of tea, a biscuit and a chat.

Ten Pin Bowling

£7.25 (paid directly at the venue)

Friday 13th November

Venue: Tenpin Dudley, Castlegate Way, Dudley, DY1 1TA

Departing on the Beacon minibus at 10:30am, returning at 1:30pm.

Cost: £2.50 (for staffing and support)

Transport cost: £5.50

Bantock Park

Monday 16th November

Venue: Bantock Park Finchfield Road, Wolverhampton, WV3 9LQ

Transport: Beacon minibus departing Beacon at 10:30am, returning at 2:30pm

Cost: £2.50 (for staffing and support). Transport cost: £5.50.

Come and join us for a walk around Bantock Park

Cinema Trip

Tuesday 17th November

Venue: Lockworks Cinema, 18 Fryer Street, Wolverhampton, WV1 1HT

Transport: Public transport, departing Beacon at 10:15am on the number 1 bus.

Film: The Dog Stars

Cost: £5

Come and join us for a fun morning out at the cinema.

Bentley Bridge Shopping Trip

Friday 20th November

Departing on the Beacon Minibus 10:30am, Returning 2:30pm

Cost: £2.50 (for staffing and support)

Transport cost: £5.50

Come and get your Christmas essentials and a bite to eat

Lifestyle Centre Singer

Tuesday 24th November

1pm – 2:30pm

Venue: Lifestyle social room

We will have singer Ian Hammond performing in our lifestyle centre social room

Pool Tournament

Wednesday 25th November

Venue: Beacon Lifestyle Centre: Games Room

Time: 1pm – 3pm

Cost: £2.50 for staffing and support

Come and join us for a fun, relaxing afternoon of pool. There will be a prize for the winner.

Newbridge Christmas Meal

Thursday 26th November

Come and join us for a festive lunch at the Newbridge Pub

Venue: Newbridge Finch field Road, Wolverhampton, WV3 9LQ

Departing Beacon at 11:45am, Returning 2:30pm

West Park Walk

Friday 27th November

Departing on the Beacon minibus at 10:30am, returning at 2pm.

Cost: £2.50 (for staffing and support)

Transport cost: £5.50

Come and join us for a relaxing walk around West Park and a bite to eat in the café.

Cooking

Monday 30th November

Venue: Lifestyle Centre Kitchen

Time: 1pm – 3pm

Cost: £2.50 (for staffing and support)

This month, we will be making Mince Pies

Come along and cook up a storm with us in the kitchen.

Ingredients available upon booking activity.

Beacon Gym

Contact: Daniel Clarke, dclarke@beaconvision.org or call 01902 880 111 to book in.

Want to exercise in a fun and supportive atmosphere? Want to join classes or exercise independently? Are you someone who works out regularly or wants to start?

The gym is open Monday to Friday, 9am – 4pm. Single sessions cost £5 or a monthly membership for £22.

You must complete a health questionnaire and an induction before you start. Please sign in to use the gym at our main reception desk.

Chair Exercises:

Tuesday 10th November 9am – 10am

Venue: Bromford Lounge

Indoor Bowls

Monday 2nd and Monday 23rd November:

10am – 12pm

Venue: Beacon Gym

Cost: £2.50 (for staffing and support)

(a picture of a man playing bowls below)

Beacon
healthwatch
Dudley
Fit for the Future
Community conversations
Dudley Group NHS Foundation Trust is looking at how healthcare services could be delivered in the future
Healthwatch Dudley is supporting this work by gathering views from local people.
Want to share your experiences , what works well, what could be improved and what the NHS should think about when planning future services.
Please come along to our focus group at the Beacon centre.
Tuesday 3rd November
1pm – 2pm
Beacon Lifestyle Centre Quiet Room. Too book on call: 01902 880111

Beacon
Beacon, Bromford and Festival
Christmas Get Together
For residents and day centre members
Tuesday 15th December
1pm - 3pm • Festival Restaurant
1pm - 2pm
Christmas crafts
2pm - 3pm
Black Country nativity and sing along
3pm onwards Buffet in the Resident's lounge

Forget Me Not Tree Service 2026

Come along, take a moment and remember someone special.

A special time to pause, remember and celebrate the lives of those we hold dear.

- Live music from Penn Christian Centre Worship Group
- Join us as we fill our Forget Me Not Tree with handmade pom-poms lovingly created by our members in tribute to our loved ones
- Words of reflection, hymns and moments of comfort

EVERYONE IS WELCOME - NO TICKETS REQUIRED.

FREE TO ATTEND

Thursday 10th December

Doors open at 5:30pm and service starts at 6:30pm

Festival Community Hub, Beacon Centre,
Wolverhampton Road East, WV4 6AZ

Registered with FUNDRAISING REGULATOR

Santa Run
ROUTE 5k
13/12/2026
Registration from 9:30am
West Park Wolverhampton
Beacon SANTA RUN
Tickets FROZEN at 2025 Prices
SCAN ME!
TICKETS FROM £8
£13 FOR ADULTS
INCLUDES SANTA SUIT
£8 FOR CHILDREN
INCLUDES SANTA HAT
£5 FOR DOGS
INCLUDES A FESTIVE BANDANNA
Registered with FUNDRAISING REGULATOR
www.beaconvision.org
Registered charity number: 216092

Carols by *Candlelight*

Hosted by Dickie Dodd

Beacon

Registered with FUNDRAISING REGULATOR

Celebrate the magic and spirit of Christmas with a truly special evening of music, community and candlelight held in the beautiful setting of St Andrews Church. Performances by **Matthew Richards**, acclaimed pianist featured on Channel 4's The Piano, **Festival Community Choir** and **Alder Coppice Primary School Children's Choir**. Proceeds from this event will support Beacon Centre for the Blind and the sight loss community.

Thursday
17th December

St Andrews Church
Bilston Street, Sedgley, DY3 1JA

Doors open from 5:30pm
Service starts at 6:30pm

Tickets start from £11.00 Adult
Child £6.00

For more Information:

www.buytickets.at/beaconcentrefortheblind

01902 880111

SCAN ME!

Charity Number 216092

Sedgley Lifestyle Centre

We are now open Monday to Friday, 10am–3pm at our base in Sedgley. We run several activities each day including cooking, crafting, pottery, computer work, using the gym, listening to music, quizzes, and reminiscing. We keep well hydrated with tea, coffee and water, and we have the restaurant to attend for a hot meal if we do not bring sandwiches with us.

We are lively, fun and love to have a laugh. Why not come and join us for a trial day?

Contact the Beacon reception and ask for more details. Call 01902 880111 or email enquiries@beaconvision.org

Befriending Service

Have you got a free 30 minutes in the week?

Do you want to help combat loneliness?

Come and volunteer for a befriending service that is designed to help older people who might be feeling lonely! You can do this over the phone.

This volunteering is flexible to suit you while you offer friendship and support. You will be paired with someone based on common interests.

If you are interested, contact our team by calling 01902 880 111 or emailing enquiries@beaconvision.org

Contact Us

Address: Beacon Centre, Wolverhampton Road East, Wolverhampton, WV4 6AZ

Phone number: 01902 880 111.

Email: enquiries@beaconvision.org

Website: www.beaconvision.org

To find us on Facebook, Twitter, and Instagram: @BeaconCentre

Accommodation at Beacon Court

Each apartment at Beacon Court has its own front door, individual access card, two bedrooms, a store and a wet/shower room, as well as a kitchen with appliances, gas central heating, and double-glazed windows.

Beacon provides a 24/7 care team on site to deal with any emergencies 365 days a year. There's a pull cord in each apartment that can be used in an emergency.

You also get 30 minutes a week of wellbeing time to go through anything you like such as help with post or paying bills. If you want any further information on accommodation at Beacon Court, please contact Chris Lamb on 01902 882 170 or email christopher.lamb@bromford.co.uk

To unsubscribe from this newsletter, please contact us on 01902 880111 or email enquiries@beaconvision.org